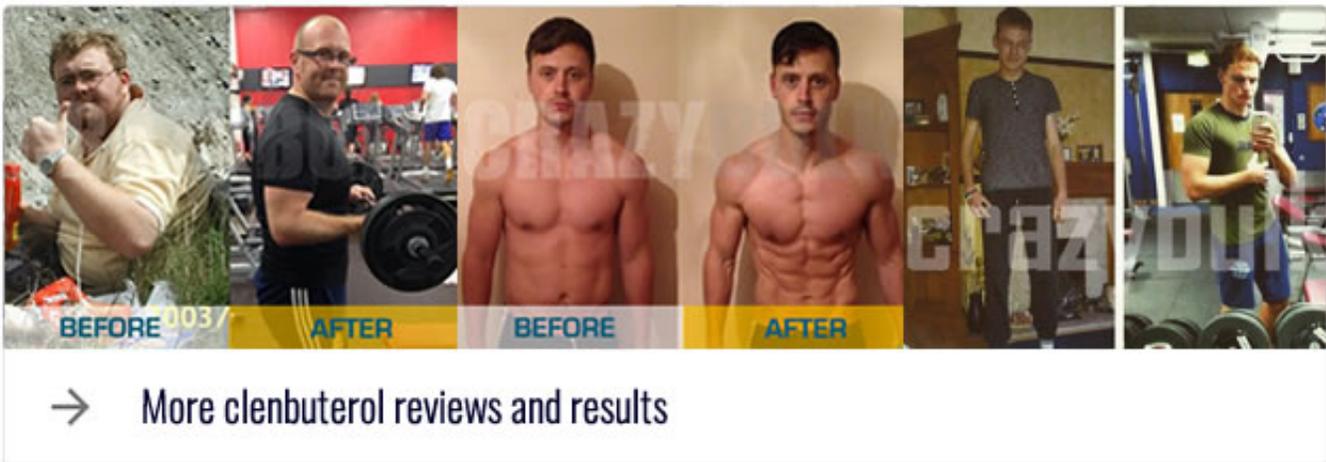


Clenbuterol Benefits, Uses, Dosage Cycles, + Side effects



Clenbuterol (Clen), is a common supplement among the fat burning tools used by competitive body builders. It's been around for over 25 years, and has always been a go to supplement for fitness professionals, celebrities, models and anyone who wants to develop a lean muscular look. [Clen aids weight loss](#) by boosting the user's metabolism. Clenbuterol cycles are typically taken during the cutting phase of a bodybuilder's season when they are trying to burn fat and improve physique for that hard, toned look. [Buy Clenbuterol online here.](#)

It does this by stimulating beta2 receptors, turning up the amount of heat and energy produced by cellular mitochondria, [and freeing up stored body fat](#) for use as fuel in a process called lipolysis. This is the acceleration of lipids involving the hydrolysis of triglycerides, into free fatty acids and glycerol. The result is burning fat as fuel for accelerated weight loss.



9.4
RATING

Clenbutrol (Clenbuterol)



10 Review(s)

90
CAPS

EFFECTIVE FOR:



CUTTING CYCLE



ENERGY



LEAN MUSCLE

NOT EFFECTIVE FOR:



BULKING CYCLE



STRENGTH

Clenbuterol stimulates the metabolism to promote fat loss during a cutting cycle. It promotes weight loss while preserving gains in lean muscle mass. Take Clenbuterol to increase energy, stamina and athletic performance. Clenbuterol is a legal alternative that does not require a prescription... [READ MORE](#)

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What is Clenbuterol?

Clenbuterol, also known as Dilaterol, Spiropent, and Ventipulmin is a bronchodilator and sympathomimetic amine related to the asthma drug, Albuterol. It has been used as a treatment in both human and veterinary medicine for breathing disorders and as a decongestant. It is scientifically known as (RS)-1-(4-Amino-3,5-dichlorophenyl)-2-(tert-butylamino)ethanol and is most commonly [sold in the Clenbuterol Hydrochloride format](#). It can be found in pills, [liquids](#), injections, [gels](#) and [spray pens](#).

Clen, as it is known for short, is predominantly used today as a weight loss and diet pill. It has been referred to as the "Size Zero" pill due to its use in Hollywood among celebrities wanting to burn fat. [Clenbuterol's effects are similar to those of ephedrine](#) - another stimulant diet pill that promotes weight loss by increasing thermogenic metabolism. As a sympathomimetic, it increases the activity of the sympathetic nervous system, causing the body to burn more energy and calories than normal.

[CLICK HERE TO SEE CLENBUTEROL USER REVIEWS](#)

[How Does Clenbuterol Work?](#)

Clenbuterol works by stimulating beta2 receptors in the body that control the rate of metabolism. It imitates the effects of the body's natural adrenaline (epinephrine), resulting in increased breakdown and burning of fat. Specifically, it causes an increase in thermogenesis. This is the process by which the mitochondria in your cells convert glucose (sugar) and lipids (fat) into energy in the form of heat. Our bodies are constantly burning calories and fat to make heat and keep our internal core temperature stable.

The principle behind taking thermogenic fat burners like clen is that they raise the internal temperature by a small amount, causing the body to burn more fat. This helps to increase daily caloric expenditure. [When paired with a proper diet plan](#) and exercise regimen, weight loss results can be quite rapid. As a stimulant, Clenbuterol also is reported to decrease the appetite in user reviews and testimonials. This makes it a multi-faceted weight loss drug.

What makes it [popular among bodybuilders](#) is that it has an anti-catabolic effect. This means that it promotes weight loss while protecting hard-earned lean muscle mass. While this compound is only very slightly anabolic, it has been shown in studies to increase non-fat body mass. Using a clenbuterol cycle with other cutting steroids such as Anavar or Winstrol is common among elite athletes. However, there can be serious negative side effects if this product is used in excess. For this reason, [the drug has now been banned in the USA](#) for human use and it is only used for animals now.



Cutting Cycle

★★★★★ 7 Review(s)

4
WEEKS

DOSAGE SCHEDULE:

Products	W1	W2	W3	W4
Anvarol (Anavar)	✓	✓	✓	✓
Clenbutrol (Clenbuterol)	✓	✓	✓	✓
Testosterone Max	✓	✓	✓	✓
Winidrol (Winstrol)	✓	✓	✓	✓

9.6
RATING

This cutting stack is designed to help you shred some serious body fat without losing your hard earned muscle. Hard core strength gains and energy levels will take your workouts to the extreme. Prepare to get ripped... [READ MORE](#)

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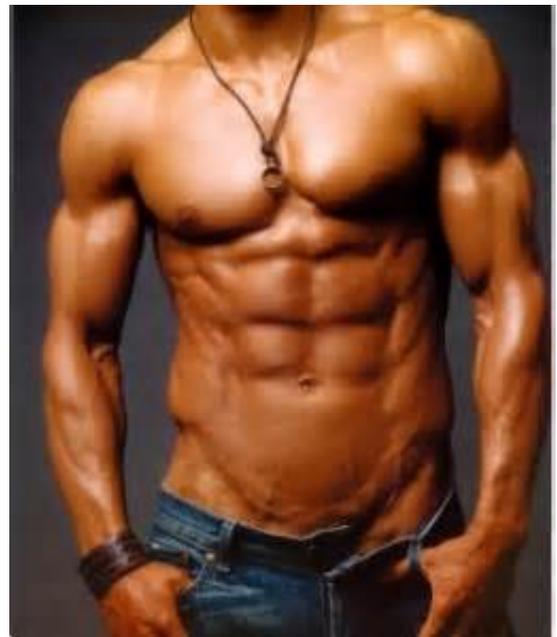
Clenbuterol Cycle Results

When used correctly, the weight loss effects of Clen can be dramatic. [Individuals have reported dropping 10 - 20 lb of fat](#) in one month with this supplement. By preserving muscle, it provides a solid foundation for further weight loss, even after the use cycle has ended. By drawing on stored

fat as fuel, it works to help users slim down and to have the energy they need to stick to their training regimens. Increased mitochondrial body heat causes sweating that, with proper hydration, can help to shed water weight and eliminate excess toxins which contribute to weight gain.

Perhaps the most dramatic effect of Clenbuterol is the way it enhances the user's aerobic capacity. When you add Clen as a supplement to your fitness regimen, you'll see a sharp increase in both your lung capacity and your endurance. This is because Clen opens the bronchial tubes while [increasing the amount of energy available to your system](#) for use. This will enable you to burn more calories during a workout than you could on even your best days at the gym. It is often used as a pre-workout supplement for this reason, to promote high intensity during exercises.

Best Clenbuterol Dosages



There is no set dosing for Clen. The most common regime is a [two-week cycle beginning with 20 mcg](#) increasing to 140mcg and then decreasing back down to 20 mcg at the end. This is a cycle settled on by a majority of competitive body builders. For safety, it is recommended that those who are unfamiliar with the effects of the drug begin with a more conservative dosing as below.

Optimum Clen Cycle

[The most common Clen cycles](#) in descending order are the Two Week Cycle, the Four-Day Cycle, and the Sixteen Week Cycle. Most professional bodybuilders who use Clen say the cycle they prefer is the Two Week Cycle. These competitive athletes know first hand that, while the drug is an aid to building a lean, defined physique - the amount of work necessary for it to have maximum effectiveness can only be sustained for a limited amount of time. The dosages below may be too

high for some individuals - especially for women. Individuals who are significantly overweight should also avoid using dosages this high. [Check out the best Clen cutting cycles here.](#)

The Two Week Cycle

Week 1

Day 1: 20 mcg
Day 2: 40 mcg
Day 3: 60 mcg
Day 4: 80 mcg
Day 5: 100 mcg
Day 6: 120 mcg
Day 7: 140 mcg

Week 2

Day 8: 120 mcg
Day 9: 100 mcg
Day 10: 80 mcg
Day 11: 60 mcg
Day 12: 40 mcg
Day 13: 20 mcg
Day 14: 20 mcg

Right Way to Use this Diet Pill

It's important to remember that limiting yourself to sixteen weeks a year on Clen is crucial [to avoiding long term side effects](#) that could potentially damage your health. You should think of Clen. as being similar to a high octane fuel that should be used sparingly. You should only use it to get you over a plateau in your progress, or to lean out before an important event such as a competition, performance, audition or other high pressure event where the Clenbuterol edge can make all the difference.

Another common mistake users make is to assume that the Clen isn't working once the feeling of being energized goes away. This leads some people to make the mistake of taking much more than they should. [Most people who use it are aware of its stimulating effects](#), and they expect to feel as if they have had five espressos every time they take it. But like any stimulant drug, the psychoactive effects will fade over a period of use as you build a tolerance. Despite this, the drug will still work to boost your mitochondrial functioning, turning your metabolism up and burning fat for fuel. Do not mistake a lack of the feeling of stimulation for evidence that the drug is not working. It's important to keep your doses as low as possible for maximum sustainability.

Keep in mind that any real fitness commitment is long term, and life long. Using any substance to try and achieve fast and easy results at best will only yield short term results.



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Clenbuterol Side Effects

There are a number of side effects that [over-use or careless use of Clenbuterol can cause](#). There are short and long-term effects, most of which can be avoided by careful dosing and strict self-monitoring.

- **Short Term Effects**
- Hypertension
- Anxiety
- Nervousness/ restlessness
- Muscle cramps
- Insomnia
- Increased heart rate
- Palpitations
- Tremors (shakiness in hands)
- Dry mouth
- Vomiting
- Headaches
- Sweating
- Breathing difficulties

Short term side effects usually diminish once Clen has been eliminated from the system. Long term side effects, however, are less well understood in humans since the drug has only been on the market for thirty years at most.

- **Long Term Effects**
- Enlarged heart
- Heart degeneration
- Exacerbation of existing heart conditions
- Increased risk of bone fractures

Another adverse effect that is sometimes reported is muscle cramps. This can occur if the user is

not getting sufficient water during the day while using Clenbuterol. It is especially prominent among bodybuilders who are engaged in heavy weight lifting while using this product. To avoid cramping, it is recommended that the user drink lots of water with this drug and to stay away from caffeine and other substances that can induce dehydration. You may also want to add a taurine supplement to your stack as this can help to relax muscles.

The side effects are not significantly different in men and women. The differences have more to do with the particular vulnerabilities of each gender than they are to do with Clenbuterol. Men, for example, are more prone to hypertension than women, and hypertension can be exacerbated by stimulants like Clen. [Women are more vulnerable to alterations in their hormonal makeup](#), which can be effected by accelerating the metabolism. While there can be benefits to taking Clenbuterol pills, it is important that it be used safely to ensure a positive outcome for the user.

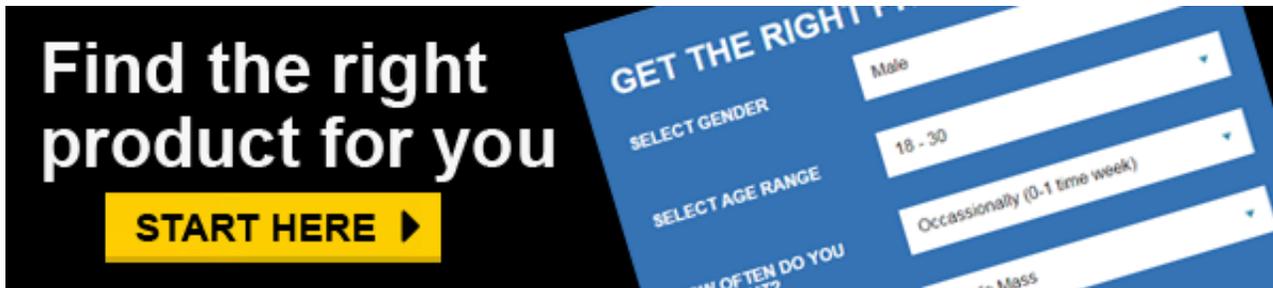
[CLICK HERE TO BUY CLEN ONLINE](#)

[Is Clenbuterol Legal to Buy?](#)

There are many in the US who mistakenly believe that Clenbuterol is illegal to buy. In fact, this drug is not a controlled substance currently in the United States. In this way, Clen is different from other anabolic steroids such as Dianabol, Deca Durabolin or Anavar. This means that possession of Clen is not illegal and you cannot be prosecuted for buying it. However, it has been banned by the FDA in drugs and supplements intended for human use. The only legitimate [and legal reason to purchase Clen](#) is as a veterinary treatment for asthma and other breathing problems in livestock. Typically, the liquid or gel formulations are used for these purposes.

These types of Clenbuterol products are not safe for humans. They are not made to pharmaceutical grade standards and oftentimes contain dosages that are significantly higher than a typical 20 mcg pill would contain. For this reason, even though it is legal to buy online in the USA, most users will not be able [to purchase it in pill or tablet form](#). However, there are supplements like Clenbutrol that are legal, safe alternatives for bodybuilders to use in their cutting cycles.

Laws in other countries like [Canada](#), [Australia](#), [the UK](#), [Ireland](#) and [New Zealand](#) may be different as of 2015. In some countries, this product may be available as an over-the-counter asthma remedy, while in others - such as China and Russia - it requires a prescription to purchase it legitimately. It is important to determine the legal status of this product before you decide to purchase it online or have it shipped to where you live from another country.



Who Has Used Clen?

There have been a number of high profile stories in the news of celebrities and professional athletes abusing Clenbuterol. [Because it is a sympathomimetic amine](#), it can have significant performance enhancement effects for athletic abilities. For this reason, it has been banned by a number of sports organizations including the NCAA, the NHL, the IOC, the MLB and the AFL.

Clenbuterol has been used by New York Mets pitcher Guillermo Mota, American swimmer Jessica Hardy, Spanish cyclist Alberto Contador, Toronto Maple Leafs hockey player Carter Ashton and many more. Recently, two players in the Australian Football League that play for Collingwood were found to have used this drug and they are currently awaiting a ruling. Celebrities including Victoria Beckham, Britney Spears and Lindsay Lohan have also been reported to use Clenbuterol pills for weight loss cycles.

Due to the risk of potential consequences to your health, it is recommended only to use Clenbuterol if you have a legitimate prescription for it and are using it according to your doctor's recommendations. If you want to use Clen for weight loss, there are safe, legal supplement formulations that you can buy instead to give you the same effective results for your cutting cycle.

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